



PARENT'S CORNER

Simple and Effective Pain Relief
Ibuprofen® and Tylenol® Combination

Uses:

This combination of medications contains a non-steroidal anti-inflammatory used to relieve discomfort and reduce swelling along with an acetaminophen product used to relieve discomfort.

How to use:

For medically healthy patients over the age of 15 we recommend starting with your prescription strength **ibuprofen® (600mg)**. It is best to start this initial dose of medication prior to the local anesthesia wearing off. Take with at least ½ cup of water or juice to aid in absorption and reduce stomach irritation.

3 hours after taking your Ibuprofen take **500mg of acetaminophen**. You will be alternating the ibuprofen and acetaminophen every three hours for the first 48 hours after the procedure.

Important!

This regiment is not for a patient with a liver disease, kidney disease, or a patient on blood thinners.

* Patients must inform Dr. De Tolla of any prescribed narcotics or pain relievers.

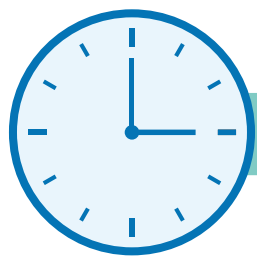
Side Effects:

May cause nausea, rash, shortness of breath or itching.

Contact our office if you experience any of these side effects.

● Ibuprofen®
 ● Tylenol®

First 48 Hours



1 HR	3 HR	6 HR	9 HR	12 HR	15 HR	18 HR
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Alternate medications.
 To help keep track, check each box once you have completed that time.

If the above combination does not manage your pain, and you were given a prescription pain reliever, you may take that as directed. The prescription medication may cause drowsiness and will slow down your reflexes. Do not drive an automobile or operate heavy machinery. Avoid alcoholic beverages. If pain persists, contact our office.

603.436.3608

